



# What is Hydralyte?



**Hydralyte is a scientifically formulated oral rehydration solution designed to:**



**It helps maintain hydration levels during:** illness, hot weather, exercise, travel, or fasting.



**Quickly restore lost fluids and electrolytes** due to dehydration.



**Hydrates faster than water**



**4 Essential Electrolytes**



**Suitable for all ages**

# How to Use Hydralyte?

## General Usage Instructions



**Dissolve 2 tablets or 1 sachets in 200ml of water.**

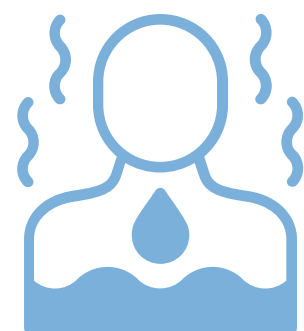


**Drink immediately for fast and effective rehydration.**

## How Often Can You Use It?



Hydralyte can be used **more than once daily as needed**



Follow recommended doses **based on your dehydration level.**

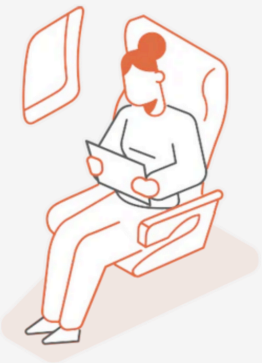
# When to Use Hydralyte?



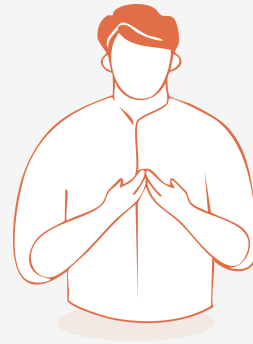
**Dehydration from illness**  
(vomiting, diarrhea, fever)



**Excessive sweating**  
(hot weather, workouts, outdoor activities)



**Travel dehydration**  
(long flights, dry environments)



**During fasting**

# Why Choose Hydralyte?



**Scientifically** tested for  
**effective hydration.**



**Fast absorption** with the  
right **balance** of **electrolytes.**



**Great taste** with  
multiple **flavor** options



**Hydralyte<sup>®</sup>**

# **Stay hydrated with Hydralyte!**

**your trusted rehydration  
solution for daily wellness!**

**Hydration at the speed of Lyte!**